

HOW TO BE HAPPY

1. Pursue Achievable Goals



2. Keep Genuine Smiles



3. Share with Others



4. Help Thy Neighbors



5. Maintain Youthful Spirit



6. Get Along with the Rich, the Poor, the Beautiful, & the Ugly



7. Keep Cool Under Pressure



8. Lighten the Atmosphere with Humor



9. Forgive the Annoyance of Others



10. Have a Few Pals



11. Cooperate and Reap Greater Rewards



12. Treasure Every Moment with your loved ones



13. Have High Confidence in Yourself



14 Respect the Disadvantaged



15. Surf the Net at Leisure



16. Take Calculated Risks



17. Understand "Money Isn't Everything"



Have a nice day!